

What should I do when my child has COVID-19 symptoms?

If your child has COVID-19 symptoms you will be asked to pick up your child from school.

- Stay at home and avoid contact with others
- Wash hands frequently
- Follow good respiratory hygiene practices: Cover your mouth and nose when coughing or sneezing (elbow, upper arm or disposable paper tissue)
- **Call the 1-877-644-4545 coronavirus hotline to report your child's symptoms and follow the instructions you are given**
- If your child has major difficulty breathing, call 911
- When can my child return to school?
 - Ultimately Public Health and/or personal medical professional will determine the medical status of the child and their readiness for return. No individual should attend school, if presenting with COVID-19 symptoms (cough or loss of smell may take longer to leave).
 - Students should not return to school until he/she:
 - is free of fever for at least 48 hours (without taking fever medication)
 - has no acute symptoms for at least 24 hours (this does not include cough and loss of smell, which can take a longer time to go away).
- If you are awaiting test results for COVID-19, you should isolate while you wait for results IF:
 - Public Health has recommended you stay at home
 - You present with symptoms of COVID-19
 - You have been in contact with a confirmed case of COVID-19
 - You have returned from travel abroad
- If your child has testing completed and it confirms a diagnosis of COVID-19, please notify your child's school as soon as possible. Public Health will notify the school board as well and provide further investigation and instructions.
- Parents need to contact the administrator prior to the student's return to school.
- The completed '*Attestation for return to school*' form is to be sent to the school when the child returns.

https://cdn-contenu.quebec.ca/cdn-contenu/sante/documents/Problemes_de_sante/19-210-30A_Guide-auto-soins_anglais.pdf?1584985885

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