

REPORT INCIDENT  
OF BULLYING



ANTI-BULLYING / ANTI-VIOLENCE  
2ND EDITION NEWSLETTER

Dear Families,

Thank you for taking the time to check out our second edition newsletter on behalf of our AB/AV (Anti-Bullying and Anti-Violence) committee! As we continue to strive for the safety and well-being of our students and staff, we look forward to sharing some educational topics and upcoming planned events.

Please reach out for any additional support you and your families may need.

Thank you,  
Student Services Team

**LOVE IS BACK AND EVEN LOUDER THIS YEAR!**

This annual school initiative is an opportunity to deliver positive messages across our community - that Love is Louder than any other external struggle.

**Week: April 22nd - April 26th**

Daily scheduled activities will run school-wide for our students to participate in, and celebrate their abilities to stand up, be kind and show LOVE in their communities!

We encourage all to be involved.  
Weekly calendar of events will be shared soon!



New look - same message!  
Symmes - D'Arcy is creating a new logo to support and promote our safe school.

Stay tuned to cast your vote in the upcoming logo contest and the launch of our BE KIND campaign!

Everyone needs help sometimes.

**Tele-Jeunes:**  
You can call 1-800-263-2266  
text 514-600-1002  
<https://www.teljeunes.com/en>

Talk to someone 1-800-668-6868  
text CONNECT to 686868

**CISSS Outaouais**  
Dial 811 option 2

## Hateful & Discriminatory Language

When our students were surveyed this year, they reported that the number one issue they would like to see addressed was discriminatory and hateful language. Unfortunately, we sometimes get reports of students using degrading words, racial or homophobic slurs, or other hateful language, either in person or online.

Here are some reminders that you might like to share with your teen: if what they are saying, doing, typing, sharing, or posting could be seen as racist, misogynistic, homophobic, or cruel to people with a disability or other difference – don't do it.

These words can deeply hurt people and have ripple effects on the whole school community.

Let's all work together to encourage our teens to steer clear of these words, to be respectful of others and expect the same in return.



Encourage differences and appreciate them.



### TERMINOLOGY:

**Hateful Language:** Hate speech is any kind of communication that uses discriminatory language with reference to a person or a group based on their religion, ethnicity, nationality, race, disability, sexuality, gender, identity or other difference.

### TALK OPENLY AND FREQUENTLY WITH YOUR CHILDREN

Talk to your children - the more comfortable they will be to come to you if they experience it.

Sometimes children (and adults) use hateful language thinking it is funny or may not understand the meaning behind it. It's not funny, and it's never okay. If this happens with your child, use it as an opportunity to explore it together using reliable sources.

<https://www.unicef.org/parenting/how-talk-your-children-about-hate-speech>

### Ask the questions:

- What do you think hate speech is?
- Who is hate speech aimed at?
- Why do you think people use hate speech?
- How does it make you feel?
- If you are unsure of particular words... Ask?



STAND UP AGAINST HATE SPEECH