

ACTIVITIES FOR FAMILIES & PROFESSIONALS

Enjoy FREE information sessions on a wide range of topics and activities that bring families together

FAMILY RESOURCE SERIES

((●●)) **Sept 19 @ 7:00 - 8:30 pm - Emotional Regulation Strategies for Parents & Caregivers of Autistic Youth**
 With Marla Cable, Resource and Training
 Centre Assistant Director, Giant Steps

((●●)) **Oct 1 @ 7:00 - 8:30 pm - Bilingualism & Multilingualism at Home, daycare & School**
 With a clinician from the Cabinet d'orthophonie -
 Jessica Bélisle Macquart

((●●)) **Oct 3 @ 7:00 - 8:30 pm - Teens & Screens**
 With Joanne Doucette, MSW, RSW, Social Worker

((●●)) **Nov 21 @ 7:00 - 8:30 pm - Lunch Box Ideas**
 With the CISSS de l'Outaouais

NOBODY'S PERFECT PARENTING SERIES

Wednesdays, October 2-30 @ 10:00am to 12:00 pm. A 5-part, in-person series, for parents of children aged 0-5. Learn and develop the best parenting strategies to support your child(ren).

WORD PLAY PARENT-CHILD WORKSHOPS

((●●)) **Oct 20**  **Oct 27**  **Nov 3**  Lord Aylmer School
 ((●●)) **Nov 10** ((●●)) **Nov 17** ((●●)) **Nov 24**

Group 4-5 - 9:00 - 10:00 am — Group 0-3 - 10:30 - 11:30 am

With a clinician(s) from the Cabinet d'orthophonie - Jessica Bélisle Macquart

JOINING US FOR AN EVENT? REGISTER!

 819-557-0615
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 centreconnexions.org
 bit.ly/4dc64OZ (case sensitive)

