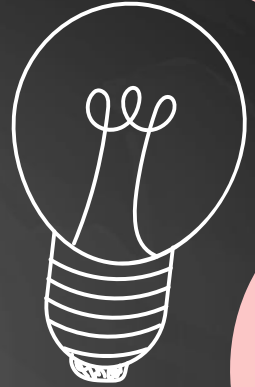


Tips for a
Successful Start
to Grade 7





01

Get Organized





Write things down in
your agenda



Keep
binders/folders
neat

Use your locker
to stay tidy



Tips:



Personalize
sections for
different subjects



Dividers
post it
highlighters



Take it with you for
class
Use it consistently





02

Follow Routines

✓ Going to class:

Check your schedule

Take out what you need (e.g., Agenda,
textbook, binder, pencil case, calculator, etc.)

✓ End of class:

Write assignments in your agenda

Take all your things with you

Routines = less stress



Homework routine

01

Find the best time for homework
(When you are the most productive)

02

Create a designated study spot
(Quiet, organized place)

03

Collaborate with friends and
classmates (e.g., Study circles)

04

Stay aware of deadlines
and upcoming assignments

Avoid
distraction
when doing
your
homework





03

Use Small Steps



Break big
projects into
pieces



Do a
little bit
each day



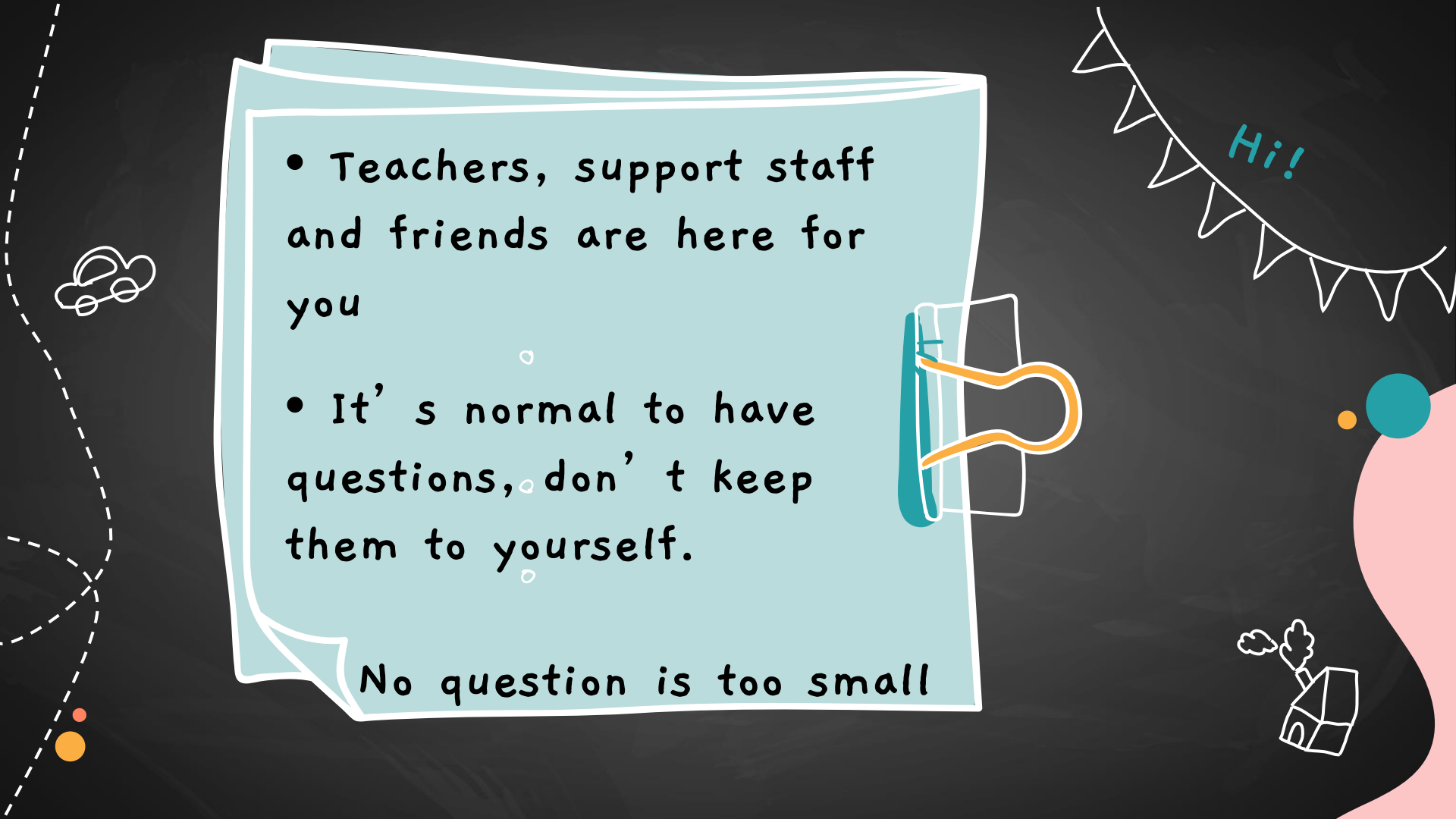
Avoid
last-minute
rushing



04

Ask for Help





- Teachers, support staff and friends are here for you

- It's normal to have questions, don't keep them to yourself.

No question is too small



05 Take Care of Yourself



Sleep well

Exercise/meditate



Eat breakfast

Drink water

Clear your mind



Remember

Grade 7 = a fresh start

- ❑ Stay organized
- ❑ Use your agenda
- ❑ Try your best every day